

Counseling Sites

Call the location nearest you
to make an appointment

Area Agency on Aging	477-7300
646 County Square Drive, Suite #100, Ventura	
Pleasant Valley Senior Center	482-4881
1605 East Burnley Street, Camarillo	
Camarillo Health Care District	388-1952
3639 East Las Posas, Suite #117, Camarillo	
Colonia Senior Center	385-8163
126-B Amelia Court, Oxnard	
Fillmore Senior Center	524-4533
533 Santa Clara Street, Fillmore	
Goebel Senior Center	381-2742
1385 East Janss Road, Thousand Oaks	
Help of Ojai, West Campus	649-9218
370 Baldwin Road, Ojai	
Moorpark Senior Center	529-6261
799 Moorpark Avenue, Moorpark	
Port Hueneme Senior Center	986-6542
550 Park Avenue, Port Hueneme	
Santa Paula Senior Center	477-7310
530 West Main Street, Santa Paula	
South Oxnard Senior Center	477-7310
200 East Bard Road, Oxnard	
Simi Valley Senior Center	583-6363
3900 Avenida Simi, Simi Valley	
St. Johns Regional Med Center	477-7310
1600 North Rose Ave, Oxnard	
Ventura Senior Recreation Center	648-2829
420 East Santa Clara Street, Ventura	
Wilson Senior Center	385-8028
352 North "C" Street, Oxnard	

The schedule of available counseling appointments varies from site to site. Call the location nearest you or **HICAP at 805-477-7310 or 800-434-0222.**

The Board of Supervisors, designated by the State of California as the governing body of the Area Agency on Aging, ensures the development of nutritional, social, supportive, protective and educational services designed to maximize independence for older Ventura County residents.

County of Ventura

Board of Supervisors

District 1	Steve Bennett
District 2	Linda Parks
District 3	Kathy I. Long
District 4	Peter C. Foy
District 5	John Zaragoza

Marty Robinson

County Executive Officer

Victoria A. Jump

Director, Area Agency on Aging



VCAA Mission Statement

The responsibility of the Ventura County Area Agency on Aging is to serve all of Ventura County's 60 plus population, including those with different social and cultural needs; to foster and support self-determination and independence among the older population; and to provide leadership in the development of a community-based system of care. This mission is accomplished through a network of education, advocacy, problem solving, program planning and funding.

HICAP Health Insurance Counseling and Advocacy Program



"To Serve. To Guide. To Envision."

VAAA **Ventura County
Area Agency on Aging**



What Is HICAP?

(Health Insurance Counseling & Advocacy Program)

The Ventura County Area Agency on Aging's (VCAAA) HICAP program provides free and unbiased counseling to, and advocacy for, Medicare beneficiaries and those who will soon be receiving Medicare. Trained volunteer counselors offer objective information and provide assistance with problems relating to Medicare, Medicare Advantage plans, supplemental (Medigap) insurance policies, long-term care insurance, prescription drugs.

HICAP Counselors Can Help You:

- Understand Medicare and prescription drug coverage
- Compare Medicare supplemental insurance (Medigap) plans and other insurance plans
- Review Medicare Advantage plans
- Prepare Medicare, supplemental insurance, and Medicare Advantage plan appeals and challenge claim denials
- Determine eligibility requirements and compare long-term care insurance plans
- Understand COBRA benefits
- Clarify your rights as a health care consumer
- Understand disability benefits through Medicare

HICAP services are free. There are never any fees!

HICAP Volunteer Opportunities

The HICAP program is always looking for volunteers. Volunteers receive 30 hours of free training followed by 20 additional internship hours before they become registered as HICAP counselors by the California Department of Aging. HICAP volunteers must commit at least 40 hours per year to counseling clients and 12 hours per year to receiving additional training. Bilingual counselors are encouraged to apply. If you are interested, please call.

We can use your help!

For further information contact:

**HICAP/Ventura County Area Agency on Aging
646 County Square Dr., Suite #100 • Ventura, CA 93003**

805-477-7310 or 800-434-0222

<http://aaa.countyofventura.org>

www.medicareroute66.com



**HICAP
Volunteers**



Counseling Services

HICAP services are provided by trained counselors, registered by the California Department of Aging, who act in good faith to give clients independent, impartial information about various health insurance policies and benefits.

HICAP counselors do not sell any type of health care coverage. They do not endorse or recommend any specific plan or policy. Information presented by HICAP volunteers should not be construed to be legal advice and volunteers are not liable for acts and omissions in providing counseling to recipients. (Welfare and Institutions Code, Section 9541 (f) (4)).

HICAP counseling is available in Spanish and other languages. Please call HICAP or the nearest HICAP counseling site for information.

Community Education

HICAP counselors are available to meet with community groups to present information regarding Medicare, Medicare Advantage plans, supplemental (Medigap) plans, long-term care insurance, prescription drug coverage, prevention and pre-Medicare beneficiaries turning 65.

Presentations in Spanish are available upon request. Call HICAP at 805/477-7310 or 800/434-0222 to schedule a presentation, or to inquire about presentations in other languages.