

One Membership. Thousands of Ways to Stay Active and Save Money.

-  **12,200+ Gyms**
-  **9,300+ On-Demand Videos**
-  **Enroll Your Spouse²**

No annual fees or long-term contracts. Switch gyms anytime.



Plus: 5,700+ Premium Gym Options at exercise studios, outdoor experiences, and others with 20% – 70% discounts at most locations³

STANDARD FITNESS MEMBERSHIP
\$28/mo¹
12,200+ FITNESS CENTERS
9,300+ WORKOUT VIDEOS
Active&Fit
DIRECT™

Get Started: kp.org/choosehealthy

² Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees may vary based on fitness center selection.

³ Costs for premium exercise studios exceed \$28/mo. and an enrollment fee will apply for each premium location selected, plus applicable taxes. Fees vary based on premium fitness studios selected.

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